INSIGHTful Mediation Training

COMPREHENSIVE MEDIATION TRAINING FOR WORKING PROFESSIONALS

SYLLABUS

All of the following modules take place online with our instructors and coaching staff. Please note the following:

- Perfect attendance is not always possible but the courses are leading to accreditation so we ask that you use every effort to attend. Each "course" has a maximum amount of time that can be missed. We will work with you if your non-attendance is unavoidable of if there are a small number of dates that present an issue with you.

- At the bottom of this Syllabus you will find three (3) modules that have been pre-recorded and must be viewed by dates in the course. Those modules and dates are identified in *green italics* below.

- We have five (5) Saturday sessions throughout the course and those are identified by underlined dates.

- Dates where we are doing role playing are identified in *red italics.* We set up role plays in advance and non-attendance impacts the other participants so it is very important that we be made aware that you have an issue with attending. We believe that being in role gives participants as much learning as being the mediator in role so these are valuable exercises.

- Please note the course beings with a three (3) day period and then weekly as set out below.

- **Family Relations Courses***: Individuals with a BSW, MSW or Ph.D. are exempt from these modules but may find them helpful as they are designed to how to work with these topics in family mediation.

- **Family Law Courses***: Individuals who are currently practising family law are exempt from these modules but may find them helpful as they are designed to how to assist clients with these topics in family mediation.

** Please inform our office prior to registration if any of the above noted exemptions apply to you.*

THURSDAY, NOVEMBER 6, 2025: MODULES 1 & 2 OF FUNDAMENTALS OF FAMILY MEDIATION

Time: 9 a.m. – 5 p.m.
Instructor: Jennifer Suzor
Topic: Overview of Family Mediation Process

FRIDAY, NOVEMBER 7, 2025: MODULE 1 OF FAMILY RELATIONS IN MEDIATION

Time: 9 a.m. to 12:30 p.m.
Instructor: Krista Konrad
Topic: Complexity of Separation for Adults

FRIDAY, NOVEMBER 7, 2025: MODULE 3 OF FUNDAMENTALS OF FAMILY MEDIATION

Time: 1:30 p.m. – 5 p.m.
Instructor: Jennifer Suzor
Topics: Power Imbalances
Focus on Intake and Opening a Mediation Session

SATURDAY, NOVEMBER 8, 2025: MODULES 1 AND 2 OF IPV AND SCREENING

Time: 9 a.m. to 5 p.m.
Instructor: Jennifer Suzor
Topics: Overview of Domestic Violence: Beginning the Deep Dive
Understanding the Risk Factors
Focus on Screening Process
Screening Tools

WEDNESDAY, NOVEMBER 12, 2025: MODULE 3 OF IPV AND SCREENING

Time: 6 p.m. to 9:15 p.m.
Instructor: Jennifer Suzor
Topics: Mediation and Domestic Violence: What does the Research say?
Focus on Perpetrators

WEDNESDAY, NOVEMBER 19, 2025: MODULE 3 OF FAMILY RELATIONS IN MEDIATION

Time: 6 p.m. to 9:15 p.m.
Instructor: Krista Konrad
Topics: Child Development and how Mediators can give information within the process

WEDNESDAY, NOVEMBER 26, 2025: MODULE 2 OF FAMILY LAW IN MEDIATION

Time: 6 p.m. to 9:15 p.m.
Instructor: Cynthia Nantais
Topic: The Law on Parenting

WEDNESDAY, DECEMBER 3, 2025: MODULE 4 OF FAMILY RELATIONS IN MEDIATION

Time: 6 p.m. to 9:15 p.m.
Instructor: Krista Konrad
Topics: Parenting Styles and Attachment: Working out Parenting Plans

SATURDAY, DECEMBER 6, 2025: MODULE 4 OF FUNDAMENTALS OF FAMILY MEDIATION AND MODULE 4 OF IPV

Time: 9 a.m. to 5 p.m.
Instructor: Jennifer Suzor
Topics: Role Play: Intakes and Screening of *Dave and Meera and Howard and Agnes*

WEDNESDAY, DECEMBER 10, 2025: MODULE 5 OF FAMILY RELATIONS

Time: 6 p.m. to 9:15 p.m.
Instructor: Krista Konrad
Topic: Working with Intense Emotions

WEDNESDAY, DECEMBER 17, 2025: MODULE 5 OF IPV AND SCREENING

Time: 6 p.m. to 9:15 p.m.
Instructor: Jennifer Suzor
Topics: Effect of Violence on Children
Power Imbalances: Balance
Culture, Diversity and Equity: Understanding and Working with Bias and Neutrality

WEDNESDAY, JANUARY 14, 2026: MODULE 3 OF FAMILY LAW IN MEDIATION

Time: 6 p.m. to 9:15 p.m.
Instructor: Cynthia Nantais
Topic: Law on Child Support

SATURDAY, JANUARY 17, 2026: MODULE 5 AND 6 OF FUNDAMENTALS OF FAMILY MEDIATION

Time:	9:00 a.m. to 5 p.m.
Instructor:	Jennifer Suzor
Topics:	Skill Building: Tools and Techniques and Mediation of Parenting Opening a Mediation Session Role Play Introduction: *Dave and Meera opening Session* *Dave and Meera second session*

NB Demo of Dave and Meera session 3 will be sent out after this date.

WEDNESDAY, JANUARY 21, 2026: MODULE 1 OF ADVANCED FAMILY MEDIATION

Time:	6 p.m. to 9:15 p.m.
Instructor:	Jennifer Suzor
Topic:	Deepening on Success: Understanding the Insight Approach

WEDNESDAY, JANUARY 28, 2026: MODULE 4 OF FAMILY LAW IN MEDIATION

Time:	6 p.m. to 9:15 p.m.
Instructor:	Cynthia Nantais
Topic:	Law on Spousal Support

WEDNESDAY, FEBRUARY 4, 2026: MODULE 7 OF FUNDAMENTALS IN FAMILY MEDIATION

Time:	6 p.m. to 9:15 p.m.
Instructor:	Jennifer Suzor
Topic:	Mediation of Support Issues

WEDNESDAY, FEBRUARY 11, 2026: MODULE 2 OF ADVANCED FAMILY MEDIATION

Time:	6 p.m. to 9:15 p.m.
Instructor:	Jennifer Suzor
Topic:	Importance of Questions Guest Instructor: Jared Norton

SATURDAY, FEBRUARY 14, 2026: MODULE 6 OF IPV AND SCREENING & MODULE 8 OF FUNDAMENTALS

Time:	9 a.m. to 5 p.m.
Instructor:	Jennifer Suzor

Topic: Putting it Together
Role Plays: *Chris and Trina, John and Emma;*

WEDNESDAY, FEBRUARY 18, 2026: MODULE 9 OF FUNDAMENTALS OF FAMILY MEDIATION

Time: 6 p.m. to 9:15 p.m.
Instructor: Jennifer Suzor
Topic: Drafting Skills

WEDNESDAY, FEBRUARY 25, 2026: MODULE 5 OF FAMILY LAW FOR MEDIATORS

Time: 6 p.m. to 9:15 p.m.
Instructor: Cynthia Nantais
Topic: Law on Property

TUESDAY, MARCH 3, 2026: MODULE 6 OF FAMILY LAW FOR MEDIATORS

Time: 6 p.m. to 9:15 p.m.
Instructor: Cynthia Nantais
Topics: Overview: Test your Skills
Working with Lawyers

THURSDAY, MARCH 5, 2026: MODULE 4 OF ADVANCED FAMILY MEDIATION

Time: 6 p.m. to 9:15 p.m.
Instructor: Jennifer Suzor
Topics: Review
Working with Multi-Party Mediation
Avoiding Impasse

WEDNESDAY, MARCH 11, 2026: MODULE 6 OF FAMILY RELATIONS IN MEDIATION

Time: 6 p.m. to 9:15 p.m.
Instructor: Krista Konrad
Topic: Trauma Informed Practice

FRIDAY, MARCH 13, 2026: MODULE 5 & 6 OF ADVANCED FAMILY MEDIATION

Time: 9 a.m. to 5 p.m.
Instructor: Jennifer Suzor
Topic: Role Play: *Shawn and Sarah, Archie and Veronica*

Graduation!

Please complete the following pre-recorded modules by the identified dates (links will be provided upon registration)

MODULE 1 OF FAMILY LAW IN MEDIATION (UNLESS EXEMPT)

Instructor:	Cynthia Nantais
Topic:	Understanding the Legal System
Complete by:	Prior to Module 2 of Family Law on **November 26, 2025**

MODULE 2 OF FAMILY RELATIONS IN MEDIATION (UNLESS EXEMPT)

Instructor:	Krista Konrad
Topic:	Family and Relationship Dynamics
Complete by:	Prior to Module 5 of Family Relations on **December 10, 2025**

MODULE 10 OF FUNDAMENTALS OF FAMILY MEDIATION

Instructor:	Jennifer Suzor
Topics:	Final Review Standards of Professional Mediators Becoming Accredited and Professional Identity
Complete by:	Prior to Module 5 & 6 of Advanced Family Mediation on **March 13, 2026**

MODULE 3 OF ADVANCED FAMILY MEDIATION

Instructor:	Jennifer Suzor
Topic:	Mediating Support and Property: Demo of Dave and Meera third session
Complete by:	Prior to Module 6 of IPV on **February 14, 2026**